

# **ENGAGE** FUNDAMENTALS

#### LIVE TRAINING

'Yesterday I was clever, so I wanted to change the world Today I am wise, so I am changing myself'

-Rumi-



# **ABOUT THIS TRAINING**

The Engage Program of Gett Involved Trainings provides an opportunity for you to create a new perspective about who you are and what you're truly capable of.

In just 7 days occurring across two powerful weekends, you will develop a new set of tools and ways of being that will support you in any challenge, enhance your relationships and get to another level of being your best self.

The program includes a series of experiential exercises, one-on-one sharing, small group interactions, guided visualizations and inspiring lectures, where you will be able to clearly see what has been holding you back and discover your full potential.

The training utilizes proven experiential techniques to support you in shifting your mindset and behavior, and therefore your results. Rather than simply learning about leadership from lecture.

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## **ENGAGE WEEKEND 1**

#### Discover your real purpose in life!

The Engage weekend 1 will support you in clarifying your vision and goals for your life and will empower you to take action on your dreams. You will leave this basic emotional intelligence training full of energy and ready to go, equipped for the next step! It is a life-changing experience.



## **ENGAGE WEEKEND 2**

#### Experience the best version of you!

In order to continue your development as a leader, you must become the best version of yourself. The Engage weekend 2 is an advanced emotional intelligence training. It will take you an intense journey outside of your comfort zone with the goal of absolute freedom: freedom of expression, freedom from the past, freedom from limiting beliefs and freedom from fear.



## **IMPORTANT INFORMATION**

## DATES 2025

Engage Fundamentals Summer

**WEEKEND 1 - BASIC** April **11-13**<sup>rd</sup> 2025

WEEKEND 2 - ADVANCED June **19-22**<sup>nd</sup> 2025 WEEKEND 1 - BASIC May 23-25<sup>th</sup> 2025

WEEKEND 2 - ADVANCED June 19-22<sup>nd</sup> 2025

#### PROGRAM

Both weekends of the Engage Program consist of blocks of a maximum of 4 hours. This 7 days training is experiential and consists of inspirational lectures, visualisations, individual inner work, and possibilities for sharing and coaching. In exercises we work in big groups and small groups but also with buddies and individual experiences.

Thursday	Fridays	Saturdays	Sundays
11.00 - 22.00	11.00 - 22.00	11.00 - 22.30	11.00 - 18.30

Endtimes can vary 30-60 minutes, depending on the flow of the training.

INVESTMENT	Engage weekend 1 <b>749 euro</b> *for business registrations *for students up to 25 year *the small businesses (zzp	Engage weekend 2 899 euro the price of the full 7-days tra s of age, ask for our special st ) fee is 1399 excl. VAT	Package price <b>1399 euro</b> * ining is 1999 euro excl. VAT. udent offer.
PRACTICAL	<ul> <li>(Jagtlustkade 12c). T</li> <li>We are located next 15 car/trainminutes</li> <li>If you are an out of to closeby, especially</li> <li>In the training fee comparison of the traini</li></ul>	lace in our Head Office in Sassenheim, the Netherlands ac). There is free parking in front of the office. next to the A44 highway and Trainstation Sassenheim, utes from Schiphol Airport. t of town participant, we encourage you to stay in a hotel ially when you need to drive more than one hour. see coffee, tea and water are included. Also is 1 warm meal ure you bring extra snacks/food to keep your energy up, or allergies.	
REQUIREMENTS	<ul> <li>An intake procedure</li> <li>The training will be on the sure you dress</li> </ul>	is part of the training. conducted in English (bas s comfortably (business c	ipate in the Engage Program. sic level). casual) and bring extra layers. the Engage weekend 1 training.





Gett Involved Leadership Trainings www.gettinvolved.com