



gett involved  
LEADERSHIP TRAININGS

**BUSINESS  
WORKSHOPS**  
GROW AS A TEAM



## ABOUT OUR COMPANY

Gett Involved is an international training and development company for personal and professional growth, committed to the principle that people have the opportunity of creating fulfilling relationships, success and a life worth living. We offer a unique personal coaching and leadership program with world class trainers and coaches for anyone who is ready to take his/her life to the next level.

## ABOUT OUR COACHES AND TRAINERS

Our trainers are all highly qualified in making a difference in your life and others. Experienced in both live training as well as online trainings. Our Coachpool is a pool of dedicated CCA® internationally certified transformational coaches. They all have an organizational background in either HR, jobsearch, senior management or executive/CEO level.

## ABOUT OUR METHODOLOGIES

In our training, coaching, and mentoring we work with transformative tools in emotional intelligence. Many of the tools and exercises are based on NLP (Neuro Linguistic Programming), positive psychology and experience-based learning. Through practical exercises, you will reconnect with your vision, qualities, strengths, and authentic self which enables you to create extraordinary results. In our programs we focus on unleashing both the qualities of individuals and teams.



# ABOUT THIS PROGRAM

Teamwork is often seen as a harmonious effort towards success. However, real-life teams encounter common challenges that hinder their effectiveness, productivity and creating successful results.

The **five key themes** and challenges that we see often in team are:

**Trust** – lack of trust makes team members hide their weaknesses and mistakes. Trust forms the foundation of effective teamwork. Without it, communication becomes less effective and collaboration suffers.

**Conflict** – fear of conflicts issues go unresolved, which can lead to resentment and disengagement of team members. Team members act nice but gossip about each other behind their backs.

**Commitment** - lack of commitment let team members to postpone important decisions and fail to align their individual objectives with the team goal.

**Ownership** - avoidance of ownership leads to team members apologize frequently about not keeping their word and come up with excuses or start pointing fingers.

**Team Results** – lack of focus on team results makes team members prioritize personal interests over collective goals, then progress stagnates and achievements remain elusive.

In our **Grow as a Team Program** the team will learn how to overcome these challenges and create effective collaboration from a common team goal.

In our program your team will be the focus of attention. You will learn and experience concepts and tools of emotional intelligence. Also you will learn how to connect together as a start of building trust and relationships. In this Program with a duration of 4-6 months we offer half-day workshops on different subjects, which build on each other.

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# TEAM WORKSHOPS

## WORKSHOP 1

TEAM

In our first workshop, we discover the essence of an impactful team. What distinguishes a high performing, self-motivated, and cohesive team from a group of people working together? We explore the core qualities that bring a team towards success. Through introspection and collaboration, we uncover the essential ingredients needed at both the collective and individual levels to **create a truly effective team dynamic that focusses on a common team vision.**

## WORKSHOP 2

PERSONALITY STYLES

Unlock the hidden potentials within your team! In this workshop, participants dive deep into their personality styles that define their team dynamics. Through interactive exercises, they gain **insight into everyone's strengths and learn how to develop skills to enhance the potential of each team member** and build trust by understanding each other and being understood.

## WORKSHOP 3

TIME MANAGEMENT

How to achieve more results in less time? In this workshop, participants learn to maintain focus on what matters and operate from personal leadership. Participants gain **long-lasting time management strategies and personal development skills to focus and commit to what truly matters.**

## WORKSHOP 4

FEEDBACK & ACKNOWLEDGEMENT

In this workshop, participants, building on the previous concepts, learn to create **a learning-oriented and positive environment for giving and receiving feedback.** We work on concepts and tools of honest feedback and appreciation, which create a **foundation of trust and dealing with conflicts in an effective way.**

## WORKSHOP 5

TEAMBUILDING

Experience the power of synergy and collaboration! In this workshop, participants have the opportunity to apply everything learned previously. Through immersive and hands-on activities, we challenge the team to **operate as one cohesive team, leveraging the collective strengths to overcome obstacles and achieve shared goals.**



In every  
workshop  
you will  
learn...

- Leadership Skills ●
- Effective Communication ●
- Teamwork ●
- Emotional Intelligence ●
- Listening ●
- Taking Action ●
- Creating Results ●



# PRACTICAL INFORMATION

## INVESTMENT

Single Workshop

**1350 euro**

Program Price (5 workshops)

**7500 euro**

*This price is excl. VAT.  
(For Schools/Educational Organizations this price is free of VAT)*

## PROGRAM

The full program includes five separate workshops and one hour of personal coaching for each participant. This will be delivered over a period of 4 to 6 months. The workshops can also be booked separately. When the complete program is booked at once, the package rate as stated above applies. The program can always be customized to align with the specific goals and context of the organization or team.

Tip: added groupcoaching sessions in between the workshops deepen learnings and anchor behavioral change. For that reason we advice to add one or two groupcoaching sessions to the workshop program. In that case we make a tailored offer with adjusted pricing.

## PRACTICAL INFORMATION & REQUIREMENTS

- Duration of workshop 1 is 6 hours; the remaining 4 workshops are 3.5 hours each
- Workshops can take place in English or Dutch
- Workshops can take place online, incompany or at Gettinolved Trainings HQ (*Uagtlustkade 12c, Sassenheim, the Netherlands*)
- Maximum amount of participants per workshop is 10. Bigger groups of participants are possible with an extra trainer at a cost of €650 excl. VAT per workshop with a maximum of 18 people
- Based on this program, we can also deliver full day trainings or a keynote speech
- Contact us for questions or information: [info@gettinolved.com](mailto:info@gettinolved.com) or **0031-683238046**





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