



ENGAGE FUNDAMENTALS

LIVE TRAINING

'Yesterday I was clever, so I wanted to change the world
Today I am wise, so I am changing myself'

-Rumi-



ABOUT THIS TRAINING

The Engage Program of Gett Involved Trainings provides an opportunity for you to create a new perspective about who you are and what you're truly capable of.

In just 7 days occurring across two powerful weekends, you will develop a new set of tools and ways of being that will support you in any challenge, enhance your relationships and get to another level of being your best self.

The program includes a series of experiential exercises, one-on-one sharing, small group interactions, guided visualizations and inspiring lectures, where you will be able to clearly see what has been holding you back and discover your full potential.

The training utilizes proven experiential techniques to support you in shifting your mindset and behavior, and therefore your results. Rather than simply learning about leadership from lecture.

Gett involved



ENGAGE WEEKEND 1

Discover your real purpose in life!

The Engage weekend 1 will support you in clarifying your vision and goals for your life and will empower you to take action on your dreams. You will leave this basic emotional intelligence training full of energy and ready to go, equipped for the next step! It is a life-changing experience.

ENGAGE TOPICS WEEKEND 1



ENGAGE WEEKEND 2

Experience the best version of you!

In order to continue your development as a leader, you must become the best version of yourself. The Engage weekend 2 is an advanced emotional intelligence training. It will take you an intense journey outside of your comfort zone with the goal of absolute freedom: freedom of expression, freedom from the past, freedom from limiting beliefs and freedom from fear.

ENGAGE TOPICS WEEKEND 2



IMPORTANT INFORMATION

DATES 2026

Engage Fundamentals Winter

WEEKEND 1 - BASIC
January 23-25th 2026

WEEKEND 2 - ADVANCED
March 26-29th 2026

WEEKEND 1 - BASIC
March 6-8th 2026

WEEKEND 2 - ADVANCED
March 26-29th 2026

PROGRAM

Both weekends of the Engage Program consist of blocks of a maximum of 4 hours. This 7 days training is experiential and consists of inspirational lectures, visualisations, individual inner work, and possibilities for sharing and coaching. In exercises we work in big groups and small groups but also with buddies and individual experiences.

TIMETABLE

Thursday	Fridays	Saturdays	Sundays
11.00 - 22.00	11.00 - 22.00	11.00 - 22.30	11.00 - 18.30

Endtimes can vary 30-60 minutes, depending on the flow of the training.

INVESTMENT

Engage weekend 1	Engage weekend 2	Package price
799 euro	949 euro	1499 euro*

**for business registrations the price of the full 7-days training is 2299 euro excl. VAT.*

**for students up to 25 years of age, ask for our special student offer.*

**the small businesses (zzp) fee is 1499 excl. VAT*

PRACTICAL

- Trainings take place in our Head Office in Sassenheim, the Netherlands (Jagtlustkade 12c). There is free parking in front of the office.
- We are located next to the A44 highway and Trainstation Sassenheim, 15 car/trainminutes from Schiphol Airport.
- If you are an out of town participant, we encourage you to stay in a hotel closeby, especially when you need to drive more than one hour.
- In the training fee coffee, tea and water are included. Also is 1 warm meal per day. Make sure you bring extra snacks/food to keep your energy up, or if you have any allergies.

REQUIREMENTS

- You must be at least 18 years of age to participate in the Engage Program.
- An intake procedure is part of the training.
- The training will be conducted in English (basic level).
- Make sure you dress comfortably (business casual) and bring extra layers.
- All balances must be paid before the start of the Engage weekend 1 training.





Gett Involved Leadership Trainings
www.gettininvolved.com