

Winter/Spring Edition February, 2024

#### Dear Gettinvolved Community Member,

At the end of winter, close to spring, the piece of Christmas Holidays and action of New Year's resolutions, might already feel far away. Because life of 2024 started again and brought you to places you might not planned to go :-). Yet in this transition of one season to the next, this time of the year is all about goal setting, new perspectives and follow up. But how to set meaningful goals and transform these goals into reality? Read about it below! Also we invite you to be of support in the trainings and keep on working in transformation with us in our upcoming Leadership Stages and Expert in Coaching Program. And don't forget to become member of the Gettinvolved Socie Community App and like our socials!

> Looking forward meeting you soon again! Hugs, Team Gettinvolved

### **BLOG:** The power of goal setting



In the journey of life, we often find ourselves navigating through obligations and to do lists. And yes, we have dreams and a vision for our future. Yet, how do we transform these dreams into a reality having full schedules and obligations? Without goals, we wander aimlessly through the stress and 'have to's' of daily life, which we call the drift, and we are losing sight of what truly matters to us. For sure we get to places, but we never really reach the destination of our dreams. But is that even possible? Yes, of course it is! The key lies in the profound practice of goal setting and taking committed action on it. So how does that work? <u>Read the blog here</u> and find 50% discount on a coaching session!



### Learn Transformational Coaching Skills this spring!

On April 17th we start a new 6 months ICF/ CCA Expert in Coaching Program. For everyone who wants to <u>become a post-HBO Certified coach</u> or learn the skills of a coach to use in your personal and professional coach!



### Your support is of great value!

In every Basic and Advanced weekend there are important moments where your support is of great value to enhance the experience of others. And also it will give you the opportunity to reconnect with your own training, vision and contract! Join the support community in Socie for more info!

## Upcoming: Engage Leadership Trainings (Stage 1, 2 & 3)

The Leadership Program will give you the opportunity to acquire high performance personal leadership skills to deepen your learning from the Engage Fundamentals Training. This year you will be able to graduate from this program with the following dates:

Personal Leadership Stage 1: April 5th - 7th '24 or May 15th - 17th '24 Personal Leadership Stage 2: April 19th - 21st '24 or June 28th - 30th '24 Personal Leadership Stage 3: January 17th - 19th '25 (in Belgium)

# Sign up for the full leadership program and gett: 300 euro package discount + 3 personal coaching sessions in between stages!

More about Leadership Trainings

More ...



### **Introduction Workshop (online)**

This workshop is for people who are not known yet with Gettinvolved and want to experience what the programs are about. **When?** March 14th 2024 or April 18th 2024 <u>More info here</u>



### Gett Connected with Socie Community App

Do you want to stay connected with your teammates or stay updated about upcoming events? Make sure you have joined the <u>GettInvolved Socie App!</u>

### Like our socials and/or Write a review!

If you want to stay close to us we invite you to like and join our socials. And you have want to like us or <u>write a review</u>, that would be awesome too!



If you want to unsubscribe, click here.

