



## **COACHING INTERNSHIP PROGRAM 2026-2027**

### **PURPOSE**

The purpose of the Coaching Internship Program is for you to become effective at coaching in individual sessions and in groups. The internship will provide you consistency and a profound depth as a coach: you will deepen tools you learned at the Expert in Coaching and you will learn and practice new tools of coaching. Also you will become a master in enrolment in your coaching and in your personal and professional life. Next to learning new coaching skills to use with clients, you will be coached during the whole program, on your coaching skills and your personal and professional growth.

### **TIME INVESTMENT**

- The duration of the Internship is 6 months.
- 1 group session a month on Fridays from 10:00-15:00.
- 3 Individual coaching sessions during the program by a Master Coach.
- Individual and Group Assignments in between the Friday Sessions.

### **CONTENT**

- Review, deepen and practice models and concepts from the Expert in Coaching.
- Learn advanced coaching skills and frameworks.
- Supervision on any question you have about your coaching (coachees / employees / in trainings).
- Coach people "live" and/or review your own recorded coaching sessions; feedback from peers and Master Coach.
- Watch other people being coach by a Master Coach and debrief together.

### **INVESTMENT**

- Cost of the internship:  
Personal Rate: 4.995 EUR (incl. VAT)  
Business Rate: 6.250 EUR (excl. VAT)
- 1 first payment of 1.250 EUR (before the internship starts).
- 6 monthly payments of 625 EUR (starting in November).

### **AFTER THE INTERNSHIP**

Once finished the internship there are different possibilities :

- Being able to be hired by Gettinolved for individual leadership and business coaching.
- Continue with a Trainer Internship for the preparation of becoming a Trainer of Workshops (also business) and Leadership Weekends. Being able to be hired by Gettinolved as a trainer.



### **Specialization's Topics Coaching Internship Friday Sessions**

- The Fridays of the Internship have the following 6 specialization topics.
- Next to these topics there is space for practice, questions and personal coaching.

<b>SPECIALIZATION 1: CONTEXT</b>
Spiral Dynamics
Distinctions
Coaching conversations vs sessions
Group coaching
Practice, questions and personal coaching

<b>SPECIALIZATION 2: IDP</b>
Value & Parts
How to create an efficient IDP
Markers to give feedback
Follow-up & accountability
Practice, questions and personal coaching

<b>SPECIALIZATION 3: LISTENING</b>
Listening Tools
Multiple Intelligences
The 4 Cores of Listening
Practice, questions and personal coaching

<b>SPECIALIZATION 4: ASKING / CONFRONTING</b>
Deepen into GROW Model
The "Live" Model
The "Eagle" tool
Practice, questions and personal coaching

<b>SPECIALIZATION 5: OTHER FRAMEWORKS</b>
Flexing Styles
Deepen into communication between Personality Styles
Deepen into Feedback & Assignments
Practice, questions and personal coaching

<b>SPECIALIZATION 6: ENROLMENT</b>
See the Potential
See Possibilities
Enrolment conversations
Practice, questions and personal coaching