
gett involved
LEADERSHIP TRAININGS
EXPERT
IN COACHING
CCA certified Post-HBO Program to become an
International Certified Transformational Life Coach

WHY CHOOSE THIS
TRANSFORMATIONAL COACHING PROGRAM?

Your coachee has everything present to give direction to his or her life and is able to make clear choices and powerfull actions for the future. That is the essential starting point of the Transformational Coaching Program 'Expert in Coaching'.

As a participant of the Post-HBO CCA Transformational Coaching Program you will learn fundamental skills, theories and techniques to become a transformational coach.

In addition, you also learn how to connect with your coachee and how to become the best version of yourself. You will find answers to the question 'in which way you yourself are the source of change and thus a source of inspiration for your coachees?' This training therefore serves a double purpose: not only developing coaching skills but also growing your own personal development. Both are reflected in the structure of the program.

This Program is for you if you...

- Want to develop yourself and grow as a person, coach and leader.
- Want to learn to coach with maximum results for your clients.
- As a manager / director want to develop more leadership in your team and inspire your team to create outstanding results.
- Have the vision to support other people in evoking their potential.
- Want to guide other people in developing their vision and how to create lasting results that support that vision.
- Are a teacher and want to inspire your students for them to develop both emotional intelligence and achieve greater school results.
- Want to start your own coaching practice / company.
- Are already a coach and are looking to expand your skills with transformational frameworks, tools and ways of being.
- The Program is open for everyone over 18 years old with a secondary vocational education (Havo/MBO)

You will learn...

- Know yourself in a very profound way and be able to create leadership in others.
- Guide clients in developing their vision and unlocking their hidden potential.
- Be able to inspire others to take action in a profound way and create sustainable results.
- Develop Wisdom, being present and neutrality to connect with others.
- Know how to unblock situations through powerful questions.
- Have the opportunity to experience the best version of you.
- Obtain tools to lead people and highly effective teams.
- Be internationally certified by the Certified Coaching Alliance (CCA).
- Have a Post-HBO Registration (CPION)
- Be able to work as a coach in your own practice, or work together with Gett Involved in a licensed partnership.

PROGRAM

Time investment

It is a 8-month(*) theoretical and practical training to become a Transformational Coach (oriented to personal relationships) to develop the skills of a professional, to use them in your personal and professional life; to be a better manager, employee, teacher, father, mother, human being...

YOU ATTEND

An Impactful initial training in Emotional Intelligence for your deep personal development
(7 days, 2 stages within 2 weeks)

8 Modules (total 10 days)
Where you will learn theoretical frameworks and practice transformational coaching

4 Online Conference Calls of 2 hours
In which you will have the opportunity to be coached and learn first hand all aspects of transformational coaching

4 Practicum Meetings of 2 hours
To practice everything learned in the modules and calls

Review Module (2 hours)
Review the whole program and Practice Exam

Exam (1 day)
Complete the program with an Oral and Written Exam

Besides the live modules, calls and meetings you complete assignments, read compulsory literature and practice coaching. The practical and theoretical exams take place within 6 months after starting the Program. The Program is conducted in English (elementary level).

(*) **You can graduate within 6 months upon after taking the exams. After passing the exams successfully, an additional 6 months are available to complete the Program. Early graduation depends on your personal situation and time investment.**

OVERVIEW OF THE PROGRAM

The full program consists of 3 main elements that together lead to international CCA Certification and Dutch CPION Post-HBO Registration as a Transformational Life Coach.

1 FUNDAMENTALS IN PERSONAL DEVELOPMENT

During the Fundamentals of personal development you will learn to develop your emotional intelligence by discovering your own paradigms and limiting beliefs in a unique experiential way in the Basic Training and by breaking through your barriers and creating your own vision for your life in the Advanced Course Training. After graduating for the fundamentals and taking your emotional intelligence, your self-awareness and your leadership skills to the next level, you will expand your professional skills in the **ESSENTIAL COACHING SKILLS**

2 ESSENTIAL COACHING SKILLS

During this program you will obtain the following essential skills in transformational coaching in **4 different levels**:

LEVEL 1: FOUNDATIONS

- The Primary Functions of Coaching
- Coach / Client relationship

LEVEL 2: SKILLS & TOOLS

- Active Listening
- Asking Questions
- Personality Styles
- Conflict resolution

LEVEL 3: COACHING SESSION

- How to build and develop a coaching session
- Feedback
- Creating Assignments

LEVEL 4: AUTO-COACHING

- Teaching your client to Self-coach

3 CERTIFICATION and REGISTRATION

Requirements for certification by the CCA and the CPION comprise: successful completion of both theoretical and practical exam, submission of all mandatory assignments and evidence of 30+ hours of coaching sessions.

CCA AND CPION: Upon verified completion of all curriculum elements, participants:

- Earn an official certificate and dedicated webpage recognising them as an Internationally Certified Transformative Coach licensed with the Certified Coaches Alliance (CCA). The CCA is one of the largest international coach alliances in the world.
- Earn a CPION Registration in the Netherlands as a professional Registered Post-HBO coach.

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LEADERSHIP TRAININGS

PROGRAM REQUIREMENTS

	Description	Hours
1 FUNDAMENTALS		
Engage I	Training Basic Emotional Intelligence	30
Engage II	Training Advanced Emotional Intelligence	40
2 ESSENTIAL COACHING SKILLS		
Level 1	Foundations for Professional Coaching	56
Level 2	Skills & Tools of a Coach	
Level 3	How to Build and Develop a Coaching Session	
Level 4	Auto Coaching	
Conference Calls	4 Conference Calls incl. Notes	8
Mentoring Sessions	4 Mentoring Group Sessions and 3 Individual Sessions	11
Educational Assignments	10 Assignments	30
	6 Books	30
	9 Movies	20
3 CERTIFICATION & REGISTRATION		
Coaching Practicum	25 hours(1) Coaching Practice (1 hour recorded)	30
	5 x Peer Reviews	
Exam	Oral & Written Exam	5
Logs	1 x Coaching Log	
	1 x Assignment Log	
	Total Hours (appr. 4.5 hours a week(2))	**261**

(1) of which 5 hours of being Staff in 7 days Engage Fundamentals Training during the program
(2) with a program duration of 10 months



Gett Involved Leadership Trainings

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