



BUSINESS WORKSHOPS

GROW AS A TEAM



ABOUT OUR COMPANY

Gett Involved is an international training and development company for personal and professional growth, committed to the principle that people have the opportunity of creating fulfilling relationships, success and a life worth living. We offer a unique personal coaching and leadership program with world class trainers and coaches for anyone who is ready to take his/her life to the next level.

ABOUT OUR COACHES AND TRAINERS

Our trainers are all highly qualified in making a difference in your life and others. Experienced in both live training as well as online trainings. Our Coachpool is a pool of dedicated CCA® internationally certified transformational coaches. They all have an organizational background in either HR, jobsearch, senior management or executive/CEO level.

ABOUT OUR METHODOLOGIES

In our training, coaching, and mentoring we work with transformative tools in emotional intelligence. Many of the tools and exercises are based on NLP (Neuro Linguistic Programming), positive psychology and experience-based learning. Through practical exercises, you will reconnect with your vision, qualities, strengths, and authentic self which enables you to create extraordinary results. In our programs we focus on unleashing both the qualities of individuals and teams.



ABOUT THIS PROGRAM

Teamwork is often seen as a harmonious effort towards success. However, real-life teams encounter common challenges that hinder their effectiveness, productivity, and ability to create successful results.

The key themes and challenges that we often see in teams are:

Connection – A lack of connection causes team members to hide their weaknesses and mistakes. Trust forms the foundation of effective teamwork. Without trust, communication becomes less effective and collaboration suffers.

Ownership – Avoidance of ownership leads team members to frequently apologize for not keeping their word, make excuses, or start pointing fingers instead of taking responsibility.

Individualism – Focusing too much on individual results leads people to prioritize personal interests over collective goals. As a result, progress stagnates and achievements remain elusive.

Honesty – When team members do not feel safe to speak openly, honest communication disappears and conflicts remain unresolved. People avoid difficult conversations, stay silent about mistakes, and hesitate to share feedback or ideas. As a result, resentment and disengagement grow within the team, while gossip and superficial communication replace genuine trust and collaboration.

Clarity / Alignment – Unclear goals, roles, and expectations create confusion and misalignment within the team. Team members may work hard individually, but without a shared direction collaboration becomes ineffective.

In our **Grow as a Team Program**, teams learn how to overcome these challenges and create effective collaboration based on a common team goal. In this program, your team will be the focus of attention. Participants will learn and experience concepts and tools of emotional intelligence, while also learning how to connect as a foundation for building trust and strong relationships. During this 4–6 month program, we offer half-day workshops on different subjects that build on each other and support long-term team development.



TEAM WORKSHOPS

WORKSHOP 1

TEAM FOUNDATIONS

In our first workshop, we discover the essence of an impactful team. What distinguishes a high performing, self-motivated, and cohesive team from a group of people working together? We explore the core qualities that bring a team towards success. Through introspection and collaboration, we uncover the essential ingredients needed at both the collective and individual levels to **create a truly effective team dynamic that focusses on a common team vision.**

WORKSHOP 2

PERSONALITY STYLES®

Unlock the hidden potentials within your team! In this workshop, participants dive deep into their personality styles that define their team dynamics. Through interactive exercises, they gain **insight into everyone's strengths and learn how to develop skills to enhance the potential of each team member** and build trust by understanding each other and being understood.

WORKSHOP 3

TIME MANAGEMENT

How to achieve more results in less time? In this workshop, participants learn to maintain focus on what matters and operate from personal leadership. Participants gain **long-lasting time management strategies and personal development skills to focus and commit to what truly matters.**

WORKSHOP 4

FEEDBACK & ACKNOWLEDGEMENT

In this workshop, participants, building on the previous concepts, learn to create **a learning-oriented and positive environment for giving and receiving feedback.** We work on concepts and tools of honest feedback and appreciation, which create a **foundation of trust and dealing with conflicts in an effective way.**

WORKSHOP 5

TEAMBUILDING

Experience the power of synergy and collaboration! In this workshop, participants have the opportunity to apply everything learned previously. Through immersive and hands-on activities, we challenge the team to **operate as one cohesive team, leveraging the collective strengths to overcome obstacles and achieve shared goals.**



In every
workshop
you will
learn...

Leadership Skills ●
Effective Communication ●
Teamwork ●
Emotional Intelligence ●
Listening ●
Taking Action ●
Creating Results ●



PRICING & PRACTICAL INFORMATION

Single Workshop

One single workshop of 3.5 hours on one of the following topics:

- Emotional intelligence
- Personality styles
- Time management
- Feedback
- Teambuilding

€1499*

Complete Program

- Five workshops (the Light Program)
- One Groupcoaching
- One Individual Coaching Session for every team member
- One Follow Up Workshop to refresh and deepen learnings

€9999*

Best Value

Light Program

- Five separate workshops.
- Delivered over a period of 4 to 6 months.

€7250*

*Prices are excluding VAT

PRACTICAL INFORMATION & REQUIREMENTS

- Duration of workshop 1 is 6 hours; the other workshops have a duration of 3.5 hours each
- Language: workshops can take place in English or Dutch
- Maximum amount of participants: per workshop 10. Bigger groups of participants are possible with an extra trainer at a cost of €400 excl. VAT per workshop with a maximum of 18 people
- Location: workshops can take place online, incompany or at Gettinolved Trainings HQ (Jagtlustkade 12c, Sassenheim, The Netherlands - ask for our special rate)
- Prices are including program management and preparation by Gettinolved Trainings



What people say about our Grow as a Team Program

“

Grow as a Team has helped the people in the team be more honest with each other. Open feedback is given, and we have learned more about one another. As a result, we are more connected and collaborate better. We have evolved from a group feeling into a true team feeling.

Bas

Teamlead Sweco Nederland: Architecten- en ingenieursadviesbureau

”

“

This program goes straight to the core of collaboration. There is a strong focus on trust, making conflicts discussable, making decisions and sticking to them, and taking ownership. As a result, conversations that we sometimes used to postpone are now actually taking place—and in a respectful way. The result: more clarity, more connection, and a stronger sense of “we” instead of separate silos. Highly recommended for teams that want to grow in both collaboration and results!

Isabelle

Interventiespecialist Nationale Politie

”



MEET OUR TEAM



Daphne Kunst
Business Trainer



Philip la Rose
Business Trainer



Karin Handstede
Executive Coach &
Teamcoach



Georgette Boehmer
Coach & Co-Trainer



Mirjam Schrooten
Coach & Co-Trainer



Suzan van Waarden
Business Trainer
'Leading Projects'

Contact us for questions or information info@gettininvolved.com or 0031-683238046





Gett Involved Trainings
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